



Rules as of 08/09/2026

This is a developmental organization and as such there can be minors on the ice or in official areas including locker rooms. There are no Alcoholic Beverages or any other Altering Substances to be consumed or possessed before or during skating, coaching, or any other aspect relating to MIB activities. (Zero Tolerance). This includes having these in the locker rooms after games. This is not a BEER LEAGUE, please do not treat it as such.

- 1st offense – You will be asked to leave the ice, benches, locker rooms, and other MIB official areas
- 2nd offense – Ejection/removal from the league (No Refunds)
- Alcohol may be consumed in public areas of the RecPlex including the viewing stands, after your MIB activities are concluded. You must be of age, and the alcohol must be purchased from the **Venue**.

League Play Rules:

- 4 min warmup prior to regular season games (may be less for playoff format).
- 13 min stop clock periods. (Subject to change)
- 1 min intermissions between periods.
- Following the games, quickly move to the handshake line to allow the Zamboni to resurface the ice.
- Even with a stop clock, players are still expected to move quickly to faceoffs and benches. Causing excessive delays can result in a delay of game penalty.
- If a game is running long and/or has more than a 2-goal difference the clock may be switched to a running clock to keep things on schedule.
- The league will do its best to make sure we have 2 refs per game. This may not always be possible and with a single or multiple refs, all refs will be treated with respect and all players, coaches, etc....will honor their calls without argument. Sometimes things are missed and that's just part of the game.
- This league not only trains players but also refs, so if a call is missed or wrong it is not personal. Perspective, speed of the game, and many other factors mean sometimes things are just missed or seen differently. Captains can address the refs with any questions about calls. Calls will not be changed and the refs on the ice have the final say. Abuse of refs, scorekeepers, or any other individuals representing MIB will not be tolerated and dealt with as the commissioner sees fit.

Placed Players & Captains - Beginners League Only (see scorekeepers or your captain for lists)

Will wear *mismatched* socks as will any subs for these players

- Regular players should always wear matched socks to allow the placed players and captains to be identified easily.

Max 2 goals per game. Must have a primary assist from a drafted player in the offensive zone. You are allowed minimal stick handling and movement before your shot. The referee will make the final goal/no goal call.

- 3rd & 4th goal disallowed – faceoff at center ice
- 5th goal disallowed – 1 min delay of game

No goals allowed by placed players for the 3 games leading up to the playoffs or during the playoff games. Goal disallowed and faceoff at center ice.

- 1st and 2nd offense – faceoff at center ice, no penalty
- 3rd offense – faceoff in defensive zone, 1 min delay of game
- 4th offense + – faceoff in defensive zone, 2 min Double Minor.
- Goals for these rules can be cumulative throughout the playoffs (Refs Discretion)

Max 2 penalties per game (Regular Season and Playoffs)

- 3rd penalty – 2 min misconduct

Drafted Players (see scorekeepers or your captain for lists)

Will wear *matched* socks as will any subs for these players

- Drafted players should always wear matched socks to allow the placed players and captains to be identified easily as they will be wearing mismatched socks.

Max 3 goals per game

- 4th goal disallowed – faceoff at center ice
- 5th goal disallowed – 2 min delay of game

Max 3 penalties per game:

- 4th penalty – 2 min misconduct
- 5th penalty - 5 min major & Game misconduct / 1 Game Suspension

Other Beginner League Rules & Season Tracked Penalties

All penalties are 1 minute from ensuing faceoff unless otherwise stated. Arguing a penalty can and most likely will, increase or add penalties at the referee's discretion. This can include double minor (2 min), major (5 min), misconduct (10 min), and game misconduct (10 min with ejection and 1 game suspension). Any infractions that result in a League Ejection or League Ban will be determined by the commissioner and no refunds will be given.

No Slapshots

- 1st offense – play blown dead immediately – warning to player, faceoff at center ice
- 2nd offense – unsportsmanlike penalty (1 min)
- Further infractions may result in additional penalties and/or ejection from the game or league

Checking/Boarding/Excessive Roughing/Throwing Stick/Spearing/Slew Foot/Intent to Injure – refs discretion

- 1st offense – double minor (2 min)

- 2nd offense – 10 min misconduct (goalie) / 5 min Major / 10 min game misconduct & ejection (skater)
- 3rd offense – league ejection

Game Ejections

- 1st offense – 1 game suspension
- 2nd offense – league ejection

Major Penalties

- 1st offense – 5 min penalty (does not end upon scored goal)
- 2nd offense – 5 min penalty, 10 min game misconduct, and 1 game suspension
- 3rd offense – 5 min penalty, 10 min game misconduct, and league ejection

Instigating/Fighting/Leaving the Bench for Altercation/Intent to Injure – refs discretion

- Immediate league ejection and ban (Zero Tolerance)

Other Novice League Rules & Season Tracked Penalties

All penalties are 2 minutes from ensuing faceoff unless otherwise stated. Arguing a penalty can and most likely will, increase or add penalties at the referee's discretion. This can include double minor (4 min), major (5 min), misconduct (10 min), and game misconduct (10 min with ejection and 1 game suspension). Any infractions that result in a League Ejection or League Ban will be determined by the commissioner and no refunds will be given.

No Slapshots

- 1st offense – play blown dead immediately – warning to player, faceoff at center ice
- 2nd offense – unsportsmanlike penalty (2 min)
- Further infractions may result in additional penalties and/or ejection from the game or league

Checking/Boarding/Excessive Roughing/Throwing Stick/Spearing/Slew Foot/Intent to Injure – refs discretion

- 1st offense – double minor (4 min)
- 2nd offense – 10 min misconduct (goalie) / 5 min Major / 10 min game misconduct & ejection (skater)
- 3rd offense – league ejection

Game Ejections

- 1st offense – 1 game suspension
- 2nd offense – league ejection

Major Penalties

- 1st offense – 5 min penalty (does not end upon scored goal)
- 2nd offense – 5 min penalty, 10 min game misconduct, and 1 game suspension

- 3rd offense – 5 min penalty, 10 min game misconduct, and league ejection

Instigating/Fighting/Leaving the Bench for Altercation/Intent to Injure – refs discretion

- Immediate league ejection and league ban (Zero Tolerance)

Other League Rules & Conduct Related Issues

Only league-approved players, captains and coaches are allowed on the benches during play. Minors may be on the bench during warmups (a helmet is required) but must vacate during game play.

Kids of players/family members are allowed in locker rooms with team captain approval only. Friends do not belong in the locker rooms. Please interact with them in the public areas of the **Venue**.

Only people approved by the scorekeeping staff may assist or view from the scorekeeper's boxes/penalty boxes. Anyone underage must wear protective gear to be in the bench areas during warmups. No one except current players and approved coaches are allowed on the benches during live game play.

There will be children present at these games, please, inform your friends, family, and fans of this and remind them to act accordingly.

If you have problems with anyone for any reason during an MIB function, please contact the Referee in Charge/Commissioner (John Sechser), the head scorekeeper (April Hippen), or your team captain, who will relay your concern at their earliest opportunity.

BS, stupidity, rudeness, inappropriate behavior of all types, and vulgarity will not be tolerated. There will be NO REFUNDS except for cancellation of league. We reserve the right to remove and ban for life or longer: any player, family member of player, or fan in general, for any reason.

Anyone on a payment plan for league fees can be bumped in favor of a paid-in-full player at the commissioner's discretion.

Any monies owed need to be paid in full before starting the next season.

If a player is a no call/no show for 3 consecutive games or events, they can be replaced at the captain's and commissioner's discretion. Refunds are not promised or guaranteed.

These policies, including any future updates, shall be deemed agreed to, by attending or participating in any MIB function. This policy is non-negotiable and not open to interpretation by any outside party. Any verbal warning or ban carries the same weight as a written notification.

These are the rules and Code of conduct set forth by the management of MIB Beginner Hockey and parent company, FCAC Enterprises LLC. Any questions can be directed to the management and ownership of the organizations.